

Congratulations on your pregnancy!

Planning for your labor and delivery and anticipating the new addition to your family is an exciting time. It is also a time when you may have many questions. The Pregnancy Perks Program is a unique benefit that is available to associates who are pregnant or adopting a child.

THE PREGNANCY PERKS PROGRAM INCLUDES:

- + Convenient parking will be available from 30 weeks of your pregnancy until delivery. When your pregnancy reaches 30 weeks, call your campus representative to receive your parking instruction and validation.
- + A special gift of your choice from the following three options:
 - Kushie Nursing Pillow (If you are having twins, a twin nursing pillow is an option.)
 - Simple Wishes Hands-Free Nursing Bra
 - Baby Memory Book
- + Lactation consultants are available to help you with any questions or concerns about breastfeeding during your hospital stay. You may schedule an appointment with a lactation consultant prior to returning to work to learn how to express and store breast milk.

Pregnancy Perks is one way OhioHealth supports the health and well-being of you and your baby. Visit the Benefits page on eSource for information on other parental support programs. If you have any questions about the Pregnancy Perks Program, please contact the HR Resource Center at (614) 533.8888.