

PPO Assist Medical Plan

OhioHealth offers a special medical plan for associates with a limited household income. Under this plan, you'll pay much less to see a provider, fill a prescription or use other healthcare services. To qualify for this plan for 2026, you need to submit an application with your 2024 tax return to show that you are eligible.

Am I Eligible?

You are eligible for the PPO Assist plan if:

- You are eligible for OhioHealth benefits (for most associates, this means having standard hours of at least 48 hours per pay period).
- You meet the household income requirements based on your 2024 federal tax return (Form 1040). Maximum household incomes are shown in the table below.

How does the PPO Assist compare?

The PPO Assist has:

- The same healthcare provider network and facilities as the PPO and HDHP plans.
- The same covered services as the PPO and HDHP plans.
- The *lowest* biweekly paycheck deductions (premiums) and the *lowest* deductible of all the medical plans.

Number of people in your household:	Annual household income is less than:
1	\$45,180
2	\$61,320
3	\$77,460
4	\$93,600
5	\$109,740
6	\$125,880
7	\$142,020
8	\$158,160

When Do I Apply?

The deadline to apply is **September 30, 2025**. If your application is approved, you will see PPO Assist as a medical plan option during the 2026 annual benefits enrollment in October. **You will not be auto-enrolled in this plan and must actively select it during the enrollment period.**

How do I apply?

You must submit an application and provide your tax return (IRS Form 1040) as proof of income in Workday by **September 30, 2025**, to be eligible for the **benefit year that begins January 1, 2026**. See [more details including full instructions](#) on **how to apply in Workday** or scan the QR code to the right with your phone camera.



What if I am already enrolled in the PPO Assist plan?

If you're currently enrolled in the PPO Assist plan, **you must reapply with an updated tax return** (IRS Form 1040) by September 30, 2025, to be eligible for the benefit year that begins January 1, 2026.

Note: New hires and those newly eligible through a qualifying life event in 2025 who have already applied for the PPO Assist plan with a 2024 federal tax return, do not need to submit a new application for 2026.

Questions or need help applying?

If you have questions about the PPO Assist plan, including how to apply, you can contact the HR Resource Center at **(614) 533-8888** or **HRRC@OhioHealth.com**.