

# Diabetes Management Program (DMP) For OhioHealth Associates

**The OhioHealth Wellness Diabetes Management Program helps participants understand and better manage their condition to live a healthier lifestyle.**

The OhioHealth Wellness Diabetes Management Program provides education, support, and access to clinicians (pharmacists, nurses, dieticians, and independent licensed social workers) to help participants better manage their overall healthcare. This program is available to OhioHealth associates, spouses, and dependents currently enrolled in the HDHP, PPO, or PPO Assist plans offered through the OhioHealthy Medical Plan. Active participants receive discounts for diabetes medications and supplies through OhioHealth's outpatient pharmacy.

Benefits of participation include decreasing blood sugar (individualized), preventing disease progression, and improving patient access and adherence to medications.

## **Eligibility is easy!**

To be eligible for the Diabetes Management Program, participants must:

- Be an OhioHealthy Medical Plan member through OhioHealth with a diagnosis of diabetes
- Complete telehealth appointments with a pharmacist
- Review your personalized care plan
- Be an active participant in the management of your care

## **Help with medication costs:**

As a Diabetes Management Program participant, once your deductible is met, the plan will cover formulary medications for diabetes at 100% of the cost.\* Please note that until your deductible has been met, you are responsible for all medical and drug expenses.

Your medication must be filled through an OhioHealth Pharmacy at New Albany, Riverside or Marion General Hospital.

## **How to enroll:**

Contact the Diabetes Management Program at (614) 788.WELL (9355) or email [OhioHealthWellness@OhioHealth.com](mailto:OhioHealthWellness@OhioHealth.com).

*\*A small number of medications are not covered through this program. Please ask your pharmacist about these medications during your appointment.*