## Asthma Management Program (AMP) For OhioHealth Associates

The OhioHealth Wellness Asthma Management Program helps participants understand and better manage their condition to live a healthier lifestyle.

The OhioHealth Wellness Asthma Management Program provides education, support, and access to pharmacists who help participants better manage their overall healthcare. This program is available to OhioHealth associates, spouses, and dependents currently enrolled in the HDHP, PPO, or PPO Assist plans offered through the OhioHealthy Medical Plan. Active participants receive *FREE* formulary asthma medications through OhioHealth's outpatient pharmacy once the insurance deductible is met.

Benefits of participation include prevention of asthma exacerbations as well as improved patient access and medication adherence.

## Eligibility is easy!

To be eligible for the Asthma Management Program, participants must:

- Be an OhioHealthy Medical Plan member through OhioHealth with a diagnosis of asthma
- Complete telehealth appointments with a pharmacist
- Review your personalized care plan
- Be an active participant in the management of your care

## Help with medical costs:

As an Asthma Management Program participant, once your deductible is met, the plan will cover formulary medications for asthma at 100% of the cost.\* Please note that until your deductible has been met, you are responsible for all medical and drug expenses. Your medication must be filled through an OhioHealth Pharmacy at New Albany, Riverside or Marion General Hospital.

## How to enroll:

Contact the Asthma Management Program at (614) 788.WELL (9355) or email OhioHealthWellness@OhioHealth.com.

\*A small number of medications are not covered through this program. Please ask your pharmacist about these medications during your appointment.

