

The following are qualifying preventive care services provided under your OhioHealthy Medical Plan. All services are covered at 100% when you use in-network providers, and there is no requirement to use your Health Savings Account dollars or satisfy the plan's annual Deductible.

Please note the recommended ages for preventative care screenings, services, and immunizations. For immunizations, the vaccine doses, ages, and populations will vary. For more information about preventive care services and immunization schedules, visit www.healthcare.gov/what-are-my-preventive-care-benefits/

SCREENINGS	OTHER SERVICES	IMMUNIZATIONS
Blood pressure screening: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years	Alcohol, tobacco and drug use assessments	Diphtheria, Tetanus, Pertussis (DTaP)
Cervical dysplasia screening: sexually active females	Behavioral assessments: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years	Hemophilus influenza type b (Hib)
Congenital hypothyroidism screening: newborns	Dental cavities prevention: up to age 5 years	Hepatitis A
Depression screening: routinely beginning age 12	Fluoride chemoprevention: supplements for children without fluoride in their water source	Hepatitis B
Developmental screening: under age 3	Gonorrhea prophylactic medication: newborns	Human Papillomavirus (HPV)
Dyslipidemia screening: once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years	Height, weight, body mass index (BMI) measurements: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years	Inactivated Poliovirus
Hearing loss screening: for newborns, and once between 11 and 14 years, and 15 and 17 years	Iron supplementation: for children ages 6 to 12 months at risk for anemia	Influenza (Flu)
Hematocrit/Hemoglobin screening Hemoglobinopathies screening: newborns	Medical history: for all children throughout development	Measles, Mumps, Rubella (MMR)
Hepatitis B and HIV screening: for adolescents at high risk	Oral health risk assessment: 0 to 11 months, 1 to 4 years, 5 to 10 years	Meningococcal
Lead screening: children at risk of exposure	Skin cancer behavioral counseling: children, adolescents, and young adults age 10 to 24 years old	Pneumococcal (pneumonia)
Phenylketonuria (PKU) screening: newborns	STI prevention counseling and screening: for adolescents at high risk	Rotavirus (RV)
Visual screening	Tuberculin testing: for children at higher risk 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years	Varicella (chicken pox)

FOR WOMEN

SCREENINGS	IMMUNIZATIONS
Alcohol misuse: screening and counseling options	Hepatitis A
Anemia screening: for pregnant women or women who may become pregnant on a routine basis	Hepatitis B
Blood pressure screening: every 3 to 5 years, age 18 to 40 and aren't at high risk; age 40 or older, or if you are at higher risk, once a year.	Herpes Zoster (shingles)
Body Mass Index (BMI) screening and counseling	Human Papillomavirus (HPV)
BRCA risk assessment and genetic counseling/screening: at higher risk	Influenza (Flu)
Breast cancer screening (mammography): every 1 to 2 years for ages over 40	Measles, Mumps, Rubella (MMR)
Cervical cancer screening: 2 tests can find abnormal cervical cells <ul style="list-style-type: none"> • Pap test: every 3 years ages 21 to 65 • Human Papillomavirus (HPV) DNA test: every 5 years ages 30 to 65 with the combination of a Pap test 	Meningococcal
Chlamydia infection screening: for women at higher risk	Pneumococcal (pneumonia)
Cholesterol screening: for women age 25 and up	Tetanus, Diphtheria, Pertussis (Tdap/Td)
Colorectal cancer (colonoscopy) screening: age 50-75	Varicella (chicken pox)
Depression screening	
Diabetes (Type 2) screening: 40 to 70 years who are overweight or obese	
Gestational diabetes screening: 24-28 weeks pregnant and those at high risk of developing gestational diabetes	
Gonorrhea screening: for women at higher risk	
Hepatitis B screening: for pregnant women at first prenatal visit	
Hepatitis C virus infection screening: adults born between 1945-1965 or at risk	
HIV screening and counseling: ages 15 to 65, and at risk	
Interpersonal partner violence screening and counseling	
Lung Cancer screening	
Osteoporosis screening: women over 65 or at high risk	
Preeclampsia screening and prevention: for pregnant women with high blood pressure	
Rh incompatibility screening: first pregnancy visit and between 24-28 weeks gestation	
Syphilis screening	
Tuberculosis screening	
Well-woman visits: once a year for all women under 65	



FOR WOMEN (CONTINUED)

OTHER SERVICES

Aspirin use: adults age 50-59 with risk of cardiovascular disease

Breast cancer chemoprevention counseling: for women at higher risk

Breast cancer preventive medication**

Breastfeeding support and counseling: for pregnant and nursing women

Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abortifacient drugs. Generic oral contraceptives are eligible for 100 percent coverage. *Please visit optimahealth.com/ohiohealthy to determine member cost share for brand name oral contraceptives.*

Falls prevention: adults 65 years or older—Vitamin D*** and exercise or physical therapy

Folic acid supplementation

Healthy Diet Counseling

Lactation support and counseling

Sexually Transmitted Infection (STI) prevention counseling

Statin medications:** adults age 40-75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk

Tobacco use screening: for all adults and cessation interventions for tobacco users



FOR MEN

SCREENINGS	OTHER SERVICES
Adominal aortic aneurysm screening: over age 65 who have smoked	Aspirin use: adults age 50-59 with risk of cardiovascular disease
Alcohol misuse screening and counseling	Falls prevention: adults 65 years or older—Vitamin D*** and exercise or physical therapy
Blood pressure screening: every 3 to 5 years, age 18 to 40 and aren't at high risk; age 40 or older, or if you are at higher risk, once a year	Healthy Diet Counseling
Body Mass Index (BMI) screening and counseling	Sexually Transmitted Infection (STI) prevention counseling
Cholesterol screening: age 35 and up	Statin medications**: adults age 40-75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk
Colorectal cancer (colonoscopy) screening: adults age 50-75	Tobacco use screening: for all adults and cessation interventions for tobacco users
Depression screening	

IMMUNIZATIONS

Diabetes (Type 2) screening: ages 40 to 70 years who are overweight or obese	Hepatitis A
Hepatitis B screening	Hepatitis B
Hepatitis C virus infection screening: adults born between 1945-1965 or at risk	Herpes Zoster (shingles)
HIV screening: ages 15 to 65, and at higher risk	Human Papillomavirus (HPV)
Lung cancer screening: ages 55-80 at higher risk	Influenza (Flu)
PSA (prostate-specific antigen) tests	Measles, Mumps, Rubella (MMR)
Routine annual physical exams	Meningococcal
Syphilis screening: at higher risk	Pneumococcal (pneumonia)
Tuberculosis screening: at higher risk	Tetanus, Diphtheria, Pertussis (Tdap/Td)
	Varicella (chicken pox)



** Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Assistance at the number on the back of your member ID card for more information.

*** Please note: coverage for Vitamin D screening at any age is based on your risk.