

Get fit for less!

Earn up to 100 percent reimbursement by visiting a participating fitness facility twice a week!



Start participating in the OhioHealth Fitness Rewards Program today!

Exercise is an important part of a healthy lifestyle. The OhioHealth Fitness Rewards Program is a motivating and rewarding way to stay fit. Being healthy means better care for our patients and an improved quality of life! Visit or contact any of the listed fitness facilities to participate.



JOINING ONLINE IS EASY

Visit [YMCAColumbus.org/join/OhioHealth](https://www.ymcacolumbus.org/join/OhioHealth) for a map of participating YMCA locations and get your membership started today.

Need More Info?

For more information about the program, including FAQs, visit the wellness page on eSource.



OhioHealth

Fitness Rewards Program

Living OhioHealthy



OhioHealth Fitness Rewards Program

Getting and staying fit is important for a healthy lifestyle. Through the OhioHealth Fitness Rewards Program, associates can stay fit while getting reimbursed for fitness center dues. OhioHealth associates enrolled in the OhioHealthy Plan or Opt-in to Wellness are eligible for the program. Participants will be reimbursed membership dues if they join a participating OhioHealth or YMCA fitness facility and meet certain attendance requirements.

It's easy to earn back your membership dues!

- 24 or more visits per quarter (about two times per week) = 100 percent reimbursement
- 18–23 visits per quarter = 50 percent reimbursement
- Less than 18 visits per quarter = no reimbursement

About the Reimbursement

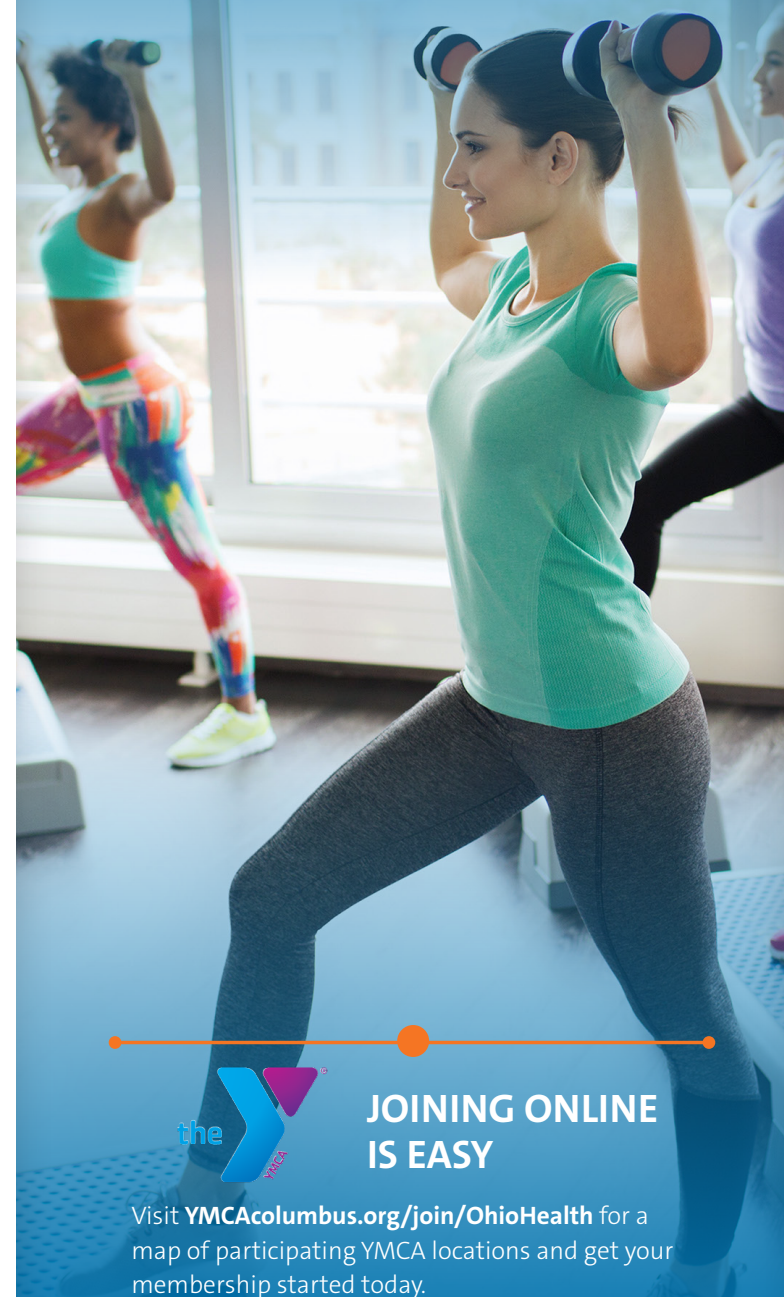
- Associates must elect to pay for their membership fees via payroll deduction.
- The fitness center enrollment fee is not included in the subsidy program.
- The reimbursement is considered a taxable benefit by the Internal Revenue Service. That means the reimbursement is added to associate pay and will be taxed as though the associate earned the value of the reimbursement.
- Associates will receive their reimbursement the month following the end of a respective quarter.

Participating OhioHealth Fitness Facilities:

- **OhioHealth Berger Hospital Fitness Center**
1280 Court St, Circleville, OH 43113
(740) 571-8855, Email: BergerFitness@OhioHealth.com
- **OhioHealth David P. Blom Administrative Campus Fitness Center**
3439 OhioHealth Pkwy, Columbus, OH 43214
(614) 955.2501.
Email: AdminCampusFitnessCenter@OhioHealth.com
- **OhioHealth McConnell Heart Health Center**
3773 Olentangy River Road, Columbus, OH 43214
(614) 566.5356 | OhioHealth.com/McConnellCenter
- **OhioHealth Grant Health and Fitness Center**
340 E Town St, 9th Floor, Columbus, OH 43215
(614) 566.9880 | OhioHealth.com/GrantHealthAndFitness
- **OhioHealth Hardin Wellness Center**
918 W Franklin St, Kenton, OH 43326
(419) 675.8111 | OhioHealth.com/HardinWellnessCenter
- **OhioHealth Neuroscience Wellness Center**
785 McConnell Dr, Columbus OH 43214
(614) 788-660
- **OhioHealth Wellness & Prevention Center OhioHealth Mansfield Hospital**
Medical Office Building, 4th Floor
335 Glessner Ave, Mansfield, OH 44903
(567) 241.7200 | OhioHealth.com/MansfieldWellnessCenter
- **OhioHealth Ontario Health & Fitness Center The Wellness Complex**
1750 W Fourth St, Ontario, OH 44906
(419) 526.8900 | OhioHealth.com/OntarioHealthAndFitness
- **WellWorks at Ohio University Ohio University**
Grover Center E124, Athens, OH 45701
(740) 593.2093 | Ohio.edu/WellWorks/

Participating YMCA locations:

There are a number of participating YMCA facilities throughout Ohio. Visit eSource and search Fitness Rewards to find a full list of YMCA locations.



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