

Diabetes and Asthma Management Programs



The **Diabetes and Asthma Management Programs** help OhioHealthy Plan members and their dependents balance their lifestyles and feel better for optimum health and wellness.

Feel good.

Each program provides support and resources that include counseling sessions with a clinical pharmacist, along with education and resources to monitor and evaluate your condition.

Spend less.

- No cost to join.
- It's convenient and easy to participate — keeping your busy schedule in mind.
- The plan will pay 100% of the cost for approved in-network diabetic and asthmatic prescriptions after the deductible and after the following condition management requirements are met:
 - 1) Be under a physician's care for diabetes or asthma,
 - 2) Meet quarterly with the identified registered pharmacist to discuss your individual treatment plan,
 - 3) Complete any necessary plan documents or other requirements. If participant does not meet the condition management requirements, the plan will pay 80% of the cost for these approved prescriptions (after the deductible).

Get started!

To learn more or to enroll, call **(614) 788-WELL (9355)** or email OhioHealthWellness@OhioHealthGroup.com

Achieve your best health!

If you are living with asthmas or diabetes, these programs can offer education and support to help you achieve your best overall health.
